

To guardians with children  
in preschool and school

## **New decision regarding when children and pupils may attend preschool and school despite having mild symptoms**

The Public Health Agency of Sweden has updated its guidelines on when children and pupils may attend school despite having mild symptoms of a cold. Because of this, Oskarshamn municipality changes its guidelines according to what is presented below.

### **New decision**

Starting on the 10<sup>th</sup> of September, the following applies:

- In the case of testing negatively on a covid-19 test, the child may return to school and other activities, provided that the general health status of the child permits it.
- In the case of testing positively, the child needs to stay at home in accordance with the instructions of the infection control physician. The child must remain at home for at least two days after becoming fever-free and after getting better in general, as well as at least seven days after the first showing of symptoms. In the case where the child after this period of time still has mild symptoms, for example dry cough and a slight runny nose, the child may return to school and other activities.
- If no covid-19 test is taken, the child must remain at home for as long as it has symptoms, and an additional two days without symptoms. During all of this period, contact with persons outside of the household is to be avoided. However, if the child still has mild symptoms, for example dry cough and a slight runny nose, after seven days since becoming ill, the child may return to school and other activities. What is written above is to be repeated every time someone is infected.

### **Recommendation regarding testing**

#### *Children in pre-school*

In accordance with the guidelines of the Public Health Agency of Sweden, children of preschool age are primarily recommended to stay at home without getting tested for covid-19.

Contact 1177 or your local health centre if you are in need of medical advice.

### *Children in preschool, primary school and youth in high school*

Children and young people in the age of school get in contact with more people in the broader society than younger children and should therefore be tested if they have symptoms of a cold.

### *Testing children and youth*

Covid-19 tests made on children under the age of 16 should primarily be conducted by healthcare staff. The reason being that self-testing on children is not fully evaluated yet. For youth over the age of 16, self-testing is conducted according to the same routines as for adults. Read more about this on [www.1177.se](http://www.1177.se).

How does the school find out the test result of the child/pupil?

If the child/pupil is tested positively, the guardian/pupil will contact individuals/principal according to the instructions of the infection control physician.

Negative test results are not reported in any particular manner. Guardians and pupils will follow the guidelines and report absence in accordance with the standard routine.

### **Advice and guidance**

Keep you self updated here (in Swedish): [Folkhälsomyndighetens rekommendationer](#).

You contact [1177](#) for advice and guidance regarding illnesses and symptoms. On the [webpage of Oskarshamn municipality](#) (in Swedish) you get updated info on how we apply the guidelines of the Public Health Agency of Sweden.

If you have questions, you are welcome to ask your teacher or principal.

Sincerely,  
Lotta Lindgren  
Head of the municipal department of education  
Oskarshamn municipality